

Resources for Seniors

To support you during COVID-19 measures

Red Cross: 1-800-418-1111

The Red Cross will assess your needs and direct you to the best support.

For questions about coronavirus symptoms, call 811

Department of Social Development: 1-855-550-0552

Visit the Government of New Brunswick website for latest information about COVID-19
www.gnb.ca/coronavirus

GENERAL

FOOD

United Way: 858-8600

Pre-made meals.
Grocery deliveries

Food banks

Food depot alimentaire 383-4281 ext 2
Second Mile Foodbank 857-9121
Albert County Action Committee 386 7824
Karing Kitchen 506 854 3837

United Way: 858-8600

For help with deliveries

WA Transpo: 962-3073

Delivery of essential services

TRANSPORTATION

Technical support: 858-8600

For assistance in setting up access to video chat with family & friends

Benefit for Low-Income Seniors: 1-800-669-7070

New Brunswick is offering a \$400 benefit to low-income seniors.
Call for more information and eligibility criteria.

Conversation Buddy: United Way 858-8600
For company and conversation over the phone

Ability NB 1-866-462-9555

For assistance with mobility issues and other resources.

OTHER SUPPORTS